

## Waterlines

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#### **HOW TO REACH US:**

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> Phone: 709-772-4428 Toll-free: 1-800-563-6158 Fax: 709-772-4109

Office address:

878C Topsail Road, Mount Pearl

The 46th Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on September 27, 2024 at the Quality Inn & Suites, Gander. Following the AGM, the annual election of officers was held. Your Executive Board of Directors for the upcoming year is comprised of President James (Jim) Chidley, District 7 Director; Marcel O'Brien, District 1 Director, 1st Vice-President; Ross Petten, District 8 Director, 2nd Vice-President; and Rom Dalton, District 6 Director, Secretary/Treasurer. Aidan Penton, District 9 Director, is Past President.

The Annual Fall Training Seminar was held at Gander Lake on September 28. The classroom sessions included refreshers in VHF radio use, search planning, communications and PLBs with MRSC, along with a session on critical incident stress management. Water side activities included first aid refreshers, a flare use demo, donning/doffing immersion suits and entering a life raft, an interactive man overboard rescue demo, line throwing and marlin splicing. Throughout the warm, sunny day participants interacted with members from around the province, SAR team members from Coast Guard and 103 Rescue Squadron, who gave a demonstration of a helicopter hoist, and gained invaluable knowledge and experience.

The banquet and awards ceremony took place at the hotel Saturday evening where long service and special awards were presented.

Thank you to all CCGA members for your continued involvement and support. Thank you to CCG Team SAR, MRSC and 103 Squadron Gander for supporting us in delivering our trainings. We greatly appreciate all that you bring to our organization.



#### GREETINGS FROM THE PRESIDENT

Dear Auxiliarists.

I would like to take this opportunity to thank you, our dedicated members, for your continued service to the Canadian Coast Guard Auxiliary Newfoundland and Labrador region. We have about 850 members utilizing nearly 450 private and community owned vessels, who are always at the ready and willing to answer the call when a fellow mariner is in trouble. In the past year CCGA(NL) members responded to nearly 40 cases logging 1500 volunteer hours. Between on water trainings with Coast Guard and 103 Squadron Gander, training seminars, first aid and table top trainings, we have well over 5000 hours of CCGA(NL) sponsored training.



We held two training seminars in 2024, the first in February and the second in September. These trainings provide valuable refresher in first aid, charts and navigation, VHF radio use, use of immersion suits and becoming familiarized with a life raft. Both trainings were well attended and enjoyed by all. Participants all agreed that they gained valuable knowledge and enjoyed meeting members from across the province. At this time I would also like to express our deep appreciation to both the SAR team from the Coast Guard base in St. John's and the SAR team from 103 Squadron in Gander for facilitating and participating in our trainings and making them the success they continue to be. We are looking forward to our 2025 training seminars and meeting more of our members in person.

Welcome to our new members who have joined us in 2024. You have become a part of a very worthwhile and valuable organization. We have also lost members in 2024. To their families we offer our sincere condolences and appreciation for the time they gave to our organization.

I look forward to continuing to serve along side you and meeting more of you in the coming year.

Fair winds and following seas.

James Chidley

President

Canadian Coast Guard Auxiliary Newfoundland and Labrador

#### **46th ANNUAL GENERAL MEETING**

The 46th Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on September 27, 2024 at The Quality Inn & Suites in Gander, NL

#### The Canadian Coast Guard Auxiliary was represented by:

James Chidley President, Director District 7

Marcel O'Brien 1st Vice-President, Director District 1

Ross Petten 2nd Vice-President, Director District 8

Rom Dalton Secretary/Treasurer, Director District 6

Aidan Penton Past President, Director District 9

Ron Pittman Director District 2
Julia Crocker Director District 3

Wesley Snook Sr. Director District 4

Winston Pitcher Sr. Director District 5
Eugene Gray Director District 10

Kelly Doody CCGA-NL Executive Director
Karen O'Brien CCGA-NL Administrative Assistant

#### The Canadian Coast Guard was represented by:

Christa-Lee Cole Deputy Superintendent, Maritime SAR CCG Atlantic Region

Glen Saunders Senior SAR Officer - CCGA Renewal CCG Atlantic Region

Mark Gould
Deputy Superintendent, MRSC St. John's
CCG - Atlantic Region

Erin Pigott
Deputy Superintendent, Arctic SAR
CCG Arctic Region



## GREETINGS FROM MARITIME SEARCH AND RESCUE CCG - ATLANTIC REGION

To our wonderful Canadian Coast Guard Auxiliary Volunteers,

On behalf of the Canadian Coast Guard Atlantic Region Search and Rescue Program, I would like to say a big thank you to all of you for your outstanding dedication and tireless volunteer service. We're so grateful for your time, energy, and commitment to safety on the water. Your support for search and rescue operations is vital to the wellbeing of mariners. Your dedication makes a real difference in communities across the country.



As the busy boating season begins, we wish you fair winds, calm seas, and above all, a safe and rewarding season. And just as you look out for others, don't forget to take care of yourselves — your safety and well-being are so important.

Your efforts make a meaningful difference. Thanks again for all that you do. We're proud to work alongside such an amazing group of volunteers.

Take care, and stay safe out there!

Christa-Lee Cole
Deputy Superintendent Maritime SAR
Canadian Coast Guard – Atlantic Region



#### **AUTHORIZED ACTIVITY**



Members and member vessels are only covered by CCGA Insurance and eligible for reimbursement while on an **Authorized Activity**. In order for a Search and Rescue tasking to be considered an **Authorized Activity**, you must have been tasked through the Maritime Rescue Sub Centre (MRSC) in St. John's or Joint Rescue Coordination Centre (JRCC) in Halifax. You will be provided with an **Incident Number** which is **required** for reimbursement and proof of coverage, should the need arise. **Claims without an Incident Number will not be reimbursed.** 

You must notify the
Marine Rescue Sub Centre at
1-800-563-2444 or 709-772-5151

before you proceed to a vessel requiring assistance and upon returning to port.







## MARITIME SEARCH AND RESCUE CCG - ATLANTIC REGION

Glen Saunders is a 28-year veteran with the Canadian Coast Guard. Nineteen of those years were spent working directly with Search and Rescue, most recently as a Rescue Specialist Coordinator. Last year Glen moved into the position of Senior SAR Officer overseeing the Canadian Coast Guard Auxiliary renewal file. While Glen has worked closely with the Auxiliary for the last number of years, he is now our liaison to Coast Guard and our goto person.

Glen is originally from Mount Pearl and now calls CBS home but maintains close ties to New Perlican, Trinity Bay South, from where most of his family hails. He has a deep respect for the important role the CCGA plays in maintaining the safety and well-being of our maritime community. He is looking forward to a continued relationship with the CCGA.



Many of you have met Glen at various trainings attended over the last number of years and he hopes to meet many more members in the coming years. We look forward to our continued association with Glen and all of the CG Atlantic Region SAR team.

#### **SAR VOLUNTEER TAX CREDIT**

IMPORTANT
INFORMATION!

The Government of Canada allows for a Search and Rescue Volunteers Amount Tax Credit.

Essentially what this means is that SAR Volunteers who perform in excess of 200 'Eligible Hours' in a calendar year will be able to claim a \$6,000 non-refundable tax credit on their personal tax return at 15% credit rate such that they could receive \$900 in tax savings. This credit is non-refundable and as such, members need to have taxable income and tax payable during the year to benefit from this credit.

Eligible hours include:

- Responding to, and being on call for, Search and Rescue and related emergency calls;
- Attending meetings held by the organization;
- Participating in required training related to Search and Rescue services

Canadian Coast Guard Auxiliary members with eligible hours are entitled to claim this tax credit. In order to do so, you will require a confirmation letter from the CCGA-NL office. *These letters are not sent out automatically, rather they need to be requested, as the office does not have a log of your hours.* To request your letter, please use the form included in this package (also available on our Facebook page) to the office via fax, mail or email stating the *number of hours* at sea for the tax year. You would obtain this information from your log book, however we do not need a copy of the log, just a summary of time spent at sea, as hours on the water are the hours you are deemed to be available for Search and Rescue.

Please allow for a one week processing time when requesting your confirmation letter.

For further information, you may contact the office at 709-772-4428 or 1-800-563-6158 or by email at kelly.doody@ccga-nl.ca. Requests can be sent via fax at 709-772-4109, by email to kelly.doody@ccga-nl.ca or by mail to CCGA-NL Inc., PO Box 938, St. John's, NL A1C 5M3. When requesting a Tax Credit Letter, please indicate how you wish to receive your letter and include your mailing address, fax number or email address as appropriate.



#### **Did You Know?**



#### **RENEWAL FORMS**

Renewal forms are sent out to every member each January. *It is extremely important that these forms are completed in their entirety and returned to the office by March 31* of each year. These forms are used to maintain membership, to update our database, and to keep MRSC up to date on members and vessels available for tasking. In the event of an incident requiring assistance, fellow mariner's lives may depend on having accurate information. Please ensure your returned form has accurate information. Noncompliance will result in a member's removal from the Auxiliary.

Do not hold off sending in a renewal if you are waiting on an updated CSI. Send the renewal by the due date and forward the CSI as soon as you receive it!

#### WHO IS IN COMMAND?

An auxiliary vessel <u>must</u> be under the command of a member of the Canadian Coast Guard Auxiliary (i.e., owner or alternate skipper) before accepting a tasking from the Marine Rescue Sub Centre. It is imperative that the MRSC be informed if no qualified Auxiliarist is onboard the vessel at the time of a request for tasking.

Upon acceptance of a vessel into the CCGA, the owner/ operator designates an alternate skipper. This skipper is deemed to have the proper qualifications to operate the vessel, in accordance with the rules and regulations set by Transport Canada. If a qualified Canadian Coast Guard Auxiliary skipper is not onboard a vessel at the time of an incident, the tasking must be refused.

If a vessel accepts a tasking without a qualified Auxiliary member onboard, the vessel will not be reimbursed for the incident. More importantly, there will be no insurance coverage if damages were to occur during the execution of the incident.

#### INSURANCE CLAIMS

It is the responsibility of the CCGA owner-operator to report to your regional Coast Guard Auxiliary Representative any damage or suspected damage incurred to your vessel immediately following the conclusion of a Search and Rescue incident.

In addition, if damage occurs during a SAR case, every effort should be made to notify the Maritime Rescue Sub Centre at 1-800-563-2444 of the damage, especially if the safety of the CCGA vessel and its crew are jeopardized. MRSC must be notified so they can monitor the progress of the CCGA vessel to ensure it reaches port safely.

The owner/operator must complete a *Collision, Wreck* and *Injury* form and submit it to the CCGA Office in St. John's. This form is available on our website at ccga-nl.ca

#### **CSIs**

The CCGA-NL Office in Mount Pearl must have an up-to-date copy of your vessel's Canadian Steamship Inspection (CSI) certificate. All vessels that become delinquent in their CSIs are flagged in the Search and Rescue System and are considered unavailable for tasking.

If your vessel has been flagged and it partakes in an incident, you will not be eligible for compensation, and more importantly, your vessel will not be covered by insurance should it incur damages. This will also affect eligible volunteer hours for tax purposes.

You will be notified that your vessel is not available for Search and Rescue. Upon receipt of this notification, please forward a copy of your current CSI or notify the office in St. John's of any delays so that your vessel is not removed from the SAR system permanently.

#### **LET US KNOW!**

Phone: 709-772-4428/800-563-6158 Fax: 709-772-4109

Email: kelly.doody@ccga-nl.ca

- ⇒ If you sell your vessel
- ⇒ Change your address or phone number, including cell/sat phone
- ⇒ Remove your vessel from the water
- ⇒ Increase the value of your vessel
- ⇒ Change alternate skippers
- ⇒ Update your CSI
- ⇒ Recertify your first aid
- ⇒ Operate in an area away from your home port





#### **DID YOU KNOW?**



As mariners, we all know the importance of having proper safety supplies and equipment on board our vessels to assist with on board emergencies and search and rescue missions. Did you know, the CCGA-NL has been providing members and member vessels with such equipment as funding allows? This past year we are pleased to have been able to provide additional dewatering pumps and AEDs. Last year each auxiliary vessel was provided with a first aid kit. As some of our members have advised that the kit bags provided some years ago are now showing wear, we are providing new bags this year, along with blood pressure monitors to keep on board your vessel. We have also purchased PFDs to be given to members attending training seminars.



#### PERSONAL LOCATOR BEACON REGISTRATION



It is mandatory for all 406MHZ PLB, ELT or EPIRB to be registered with the Canadian Beacon Registry. Ensuring that your 406 MHz PLB, ELT or EPIRB is registered, as well as updating the information regularly, will facilitate the task for search and rescue personnel in the event of a distress situation.

If you have a registered emergency beacon, it is important that the information be accurate. Please update the information in the registry:

- if you change your address;
- > if you want to update the emergency contact information;
- > if your phone number changes, or;
- if any of the important information in the registry changes such as colour of your vessel.

Online access to the Canadian Beacon Registry is available to all 406 MHz emergency beacon owners to register new emergency beacons or to update their current information. You can add or update your emergency beacon information online, by emailing a completed registration form, or by speaking with a representative. Registering your beacon helps to eliminate false alarms, which divert search and rescue resources away from genuine emergencies.

#### Register your PLB at the Canadian Beacon Registry.

- Visit the Canadian Beacon Registry website: www.cbr-rcb.ca
- > Contact the Canadian Beacon Registry toll- free: 1-877-406-7671
- Or contact the Canadian Beacon Registry by email: <u>cbr@sarnet.dnd.ca</u>

Since May of 2022, the Canadian Coast Guard Auxiliary (Newfoundland and Labrador) Inc. has been issuing PLBs to members as funding allows. To date we have issued over 700 PLBs to our members. PLBs sent out after the initial mailing were preregistered with the Canadian Beacon Registry in the name of the Auxiliarist to whom it was issued. *Please check the registry to ensure your information is correct and up to date*. It is the responsibility of the member to notify the CBR of any changes in status. A lost, stolen, broken or stored beacon can still transmit a signal which can divert resources unnecessarily.

Your PLB Registration Form is located inside the box with the User Instruction Manual. Your <u>UNIT IDENTIFICATION</u> NUMBER (UIN) is located on the outside of the box and also on the back of the PLB.

Please note: the Personal Locator Beacons issued by the CCGA-NL do not float! Ensure that it is firmly attached to your personal floatation device at all times.



#### CCGA-NL BOARD OF DIRECTORS 2024/2025

Each year, as active members of the Canadian Coast Guard Auxiliary (NL), you are asked to vote for a Director to represent your District. For the 2024/2025 year, you elected the following:

District 1	Marcel O'Brien	927-5540	marcel.obrien@ccga-nl.ca
District 2	Ron Pittman	866-2505	ron.pittman@ccga-nl.ca
District 3	Julia Crocker	660-7385	julia.crocker@ccga-nl.ca
District 4	Wesley Snook	885-2422	wesley.snook@ccga-nl.ca
District 5	Winston Pitcher	728-6115	winston.pitcher@ccga-nl.ca
District 6	Rom Dalton	691-7284	rom.dalton@ccga-nl.ca
District 7	Jim Chidley	363-7502	james.chidley@ccga-nl.ca
District 8	Ross Petten	683-3218	ross.petten@ccga-nl.ca
District 9	Aidan Penton	682-2162	aidan.penton@ccga-nl.ca
District 10	Eugene Gray	532-5755	eugene.gray@ccga-nl.ca

Voting takes place each year in July/August. The list of candidates is derived from those members indicating on their renewal form that he/she wishes to put his/her name forward to be nominated as a candidate for Director. Voting is conducted by mail-in ballot.

Please note, we are unable to provide a second voting form if the first one is lost or misplaced.



#### FIRST AID TRAINING

The Marine Personnel Regulations require at least one person on board each fishing vessel be designated to provide first aid. This person must hold a valid Marine Basic First Aid training certificate or a valid First Aid certificate from a two-day first aid course recognized by a province or a territory. The office arranges for First Aid training each winter and will contact those members in each District with expiring First Aid certificates to offer a seat at one of these courses. If you attend First Aid training outside of these sessions, please contact the office to update the expiry date for your First Aid. You may also qualify for reimbursement up to \$300 for First Aid training done through an authorized provider upon submission of the course receipt. The CCGA-NL has provided first aid training to over 140 members in the past year. Contact the CCGA-NL office for more information.

#### INCIDENT/TASKING NUMBERS

All member vessels are to be in command of a member of the CCGA at all times during involvement in authorized activities. Failure to do so will result in non-payment of claims and no insurance coverage.

An authorized activity for search and rescue incidents is deemed to exist when an auxiliary member has been requested to respond to an incident by a Maritime Rescue Sub-Centre (MRSC) or Joint Rescue Coordination Centre (JRCC). Having responded to a request, a Search and Rescue incident case number is assigned and the Auxiliary member's involvement becomes an "Authorized Activity". Under ordinary circumstances an Auxiliarist will be tasked by the MRSC/JRCC. If, however, an Auxiliarist becomes aware of a situation which requires immediate action, the member should act accordingly but inform the MRSC by whatever means available, as soon as possible. Failure to do so will result in this activity not being authorized resulting in lack of insurance coverage and reimbursement.

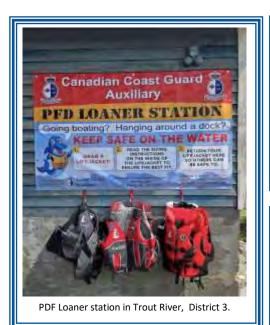
In all circumstances an Auxiliary member shall always keep MRSC/JRCC fully informed whenever an incident is responded to. MRSC/JRCC shall allocate a <u>Search and Rescue Incident number</u>, or <u>Case number</u> to each tasking. This case number will also be used as the <u>Incident Number</u> for reimbursement purposes, and as a <u>claim number</u> in the event that a claim for damages arises out of the authorized activity.

When an Auxiliary vessel is involved in an authorized activity, the master will complete an *Incident Report Form to forward a copy to the CCGA-NL office not later than 3 months following the tasking.* 



#### 2024 Happenings

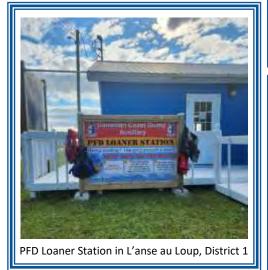
In 2024 the CCGA(NL) put off additional table top training sessions using navigation charts and simulators. These trainings took place in District 6 and District 4. We partnered with Transport Canada to participate in the Kids Don't Float program, which saw loaner PFD stations set up in ten locations around the province. These stations were well-received and PFDs were regularly borrowed and returned, increasing boater safety in these locations. Directors and members attended Remembrance Day services, members participated in boat lighting ceremonies in several locations around the province. We held training seminars in February and September, both of which were well received.

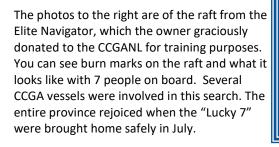




















#### More from 2024















































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## Canadian Coast Guard Critical Incident Stress Management

The Canadian Coast Guard Wellness Team would like to make you aware of a service available across Canada to all Auxiliary members of the Coast Guard.

Launched in 2020, the Critical Incident Stress Management Initiative (CISM) is a program to assist in managing stressful and traumatic incidents.



When tasked by the Maritime Rescue Sub-Centre or Joint Rescue Coordination Center, Auxiliary members can be faced with very difficult challenges and often deal with stressful and tragic events. Dealing with critical incidents such as involvement in disasters, body recoveries, experiencing serious threats and/or physical violence and incidents resulting in extensive media coverage can have a profound impact on those involved, affecting their ability to cope and perform their normal daily routines.

Your willingness to assume the risk and brave these challenges are what makes you and the work you do so important. Coping with challenging situa-

tions, such as those you may have encountered, is different for every individual and you may become vulnerable to the physical and mental strain of performing this service. Taking the time and caring for yourself mentally is as equal-

ly important as addressing any physical injury. Investing in your physical and mental wellbeing ensures that you are always at the top of your game.

CISM is available to assist you. Throughout the Atlantic region, approximately 30 employees of both DFO and CCG have volunteered to support their colleagues, friends and peers to provide support, education and resources. They have taken extensive training and are supported by mental health professionals. The most common service provided by our peers is a brief encounter with you and your colleagues to provide information, support and resources to help you process what you have experienced. Peers can meet with members in person or virtually. Interactions with CISM peers is voluntary and confidential.

This approach is frequently used in many first responder and health care services, including police, fire fighters, paramedics, etc.

"Remember everyone reacts differently and how you react is a normal response to an abnormal event"

#### Common reactions:

- Sleep disruption
- Nausea
- Confusion and disorientation
- Poor concentration and decision making
- Flashbacks
- Sense of loss or grief
- Emotional numbness
- Anger and resentment
- Increased heart rate and blood pressure
- Nervousness/shaking/tremors

Should you be involved in a critical incident when tasked by the JRCC/MRSC, contact the Regional Operations Center at 1-709-772-6220 to request CISM services. A peer team member will get in touch with you. The CISM initiative can provide the following:

- > stress awareness sessions
- small group support (defusing/debriefing) for individuals or work teams following a critical incident
- > group debriefings with individual teams involving a mental health professional
- > follow-up contact and if needed, recommendations to mental health or private service providers for further assistance
- > demobilization during the course of an ongoing, major response to a critical incident

If you have any questions or comments about this initiative, please contact the CCG Atlantic Wellness team,

Aimee Reardon Aimee.Reardon@dfo-mpo.gc.ca

Laurie Morash Laurie. Morash@dfo-mpo.gc.ca



#### **Greetings From 103 Search And Rescue** Squadron, Gander

103 Search and Rescue Squadron and the Canadian Coast Guard Auxiliary

Why We Train

In the annual Maritime Extraction Exercise off the coast of St. John's in October, the Canadian Coast Guard Auxiliary (CCGA) teamed up with the 103 Search and Rescue Squadron Outcasts for a series of successful training missions, showcasing both

their expertise and equipment. The collaborative effort involved real-time rescue scenarios designed to increase aircrew technical proficiency and SAR mission management skills. The week-long training event, conducted in the challenging conditions of the North Atlantic, saw aircrews from 103 Squadron, equipped with the powerful CH-149 Cormorant helicopter, working alongside CCGA volunteers. Together, they engaged in a variety of realistic sorties that tested their coordination in the harsh maritime environment. This exercise, and other training events throughout the year, not only build technical skills but strengthen the relationships between our teams, which is crucial when responding to emergencies.





This exercise came on the heels of the dramatic rescue of the crew of the Elite Navigator, a fishing vessel

that caught fire and sank off the coast of Newfoundland last summer. The seven crew members were forced to abandon ship, and hope for a miracle. After 2 days of exhaustive searching, a CCGA vessel spotted a flare and alerted the Cormorant helicopter to its approximate position. After locating the life raft and hoisting in two Search and Rescue technicians, the CCG crew of the Teleost arrived in a small fast rescue craft to recover the survivors and bring them back aboard the larger ship for medical attention.

The "Lucky 7" operation was a monumental success, showcasing the skill and coordination of the Canadian Coast Guard, 103 Squadron, and the Canadian Coast Guard Auxiliary. The rescue operation became an instant symbol of the

strength and preparedness of Canada's maritime emergency services.

The importance of community partnerships in maintaining Canada's robust maritime search-and-rescue network cannot be stressed enough. Many recent successful SAR missions, including the Lucky 7 operation, highlight how well-prepared the teams are to respond to maritime distress signals and conduct lifesaving operations. As Canada's coastline continues to experience increased maritime traffic, especially in the unpredictable North Atlantic, training exercises and real-world rescue operations provide vital reassurance to those at sea. The collaboration between the Canadian Coast Guard Auxiliary and 103 Search and Rescue Squadron remains a crucial part of Canada's ability to safeguard its waters and protect those in need.

Captain Andrew Juvonen 103 Search and Rescue Squadron Gander

Seek and Save!!

#### Reminder

CCGA-NL Toll Free 1-800-563-6158



CCGA-NL Fax 709-772-4109



MRSC St. John's 1-800-563-2444 709-772-5151

#### Waterlines

We are always looking for new content! If you have news items, stories, accolades and/or photos that you would like published in the annual Waterlines newsletter, please send them to:

**Editor - Waterlines** c/o CCGA-NL Inc PO Box 938 St. John's, NL A1C 5M3

karen.obrien@ccga-nl.ca

kelly.doody@ccga-nl.ca

Fax: 709-772-4109



#### **SERVICE AWARDS - 2024**

#### **45 Year Members**

Glenn Petten District 8
James Woodworth District 10

#### **40 Year Members**

Dwight SpenceDistrict 2Nelson RobertsDistrict 2Wesley Snook Sr.District 4Joseph O'BrienDistrict 7Loyola O'BrienDistrict 7Leo McGrathDistrict 9

#### **30 Year Members**

Edwin Heard District 1 **Elvin Normore** District 1 Larry Cull District 2 Ronald Patey District 2 Allan Sheppard District 3 Winston Pitcher Jr. District 5 Gerard Chidley Sr. District 7 Darrell Pine District 7 Sylvia Petten District 8 Arthur White Jr. District 9 Fred Ryan District 10 Austin Freake District 10

#### **20 Year Members**

Morley Peach District 5 Walter Drover Jr. District 8 **Leonard Button** District 8 **Garry Squires** District 8 **David Johnson** District 8 Steven Heath District 9 Andy Brown District 9 Jason Burton District 9 Kirby Ropson District 10 Ken Bromley District 10 Dion Rideout District 10 Robert Hurley District 10 Robbie Randell District 10 Jamie Mouland District 10 Craig Ropson District 10

#### **35 Year Members**

Lloyd Normore	District 1	Paul Dalton	District 7
Darrell O'Brien	District 1	Alexander Day	District 7
Philip Foley	District 2	<b>Donald Barrett</b>	District 8
Felix Foley	District 2	Wayne Morgan	District 8
Cyril Foley	District 2	<b>Wade Mouland</b>	District 9
Gerald Courtney	District 4	Melvin Leyte	District 9
Clayton Harris	District 5	Chad Caravan	District 10
Kenneth Kina	District 6		

#### **25 Year Members**

Sheldon Morris	District 1	Jeffrey Piercey	District 8
Alvohn Pilgrim	District 2	Garfield Tippett	District 8
Tim Pilgrim	District 2	Cory Porter	District 8
Eddy Cassell	District 2	Dennis McEntegart	District 8
Randy Crocker	District 3	James Thorne	District 8
Audrey Snook	District 4	Elwood Newhook	District 8
Corey Courtney	District 4	William Newhook	District 8
Jerome Hartery	District 4	Stanley Jolliffe	District 8
Shane Fudge	District 5	Lorne Jolliffe	District 8
John Hennebury	District 5	Samuel O. Lambert	District 8
James Hennebury	District 5	Bennett Butler	District 9
Calvin Young	District 6	Reginald Butler	District 9
Allan Nash	District 6	Travis Jacobs	District 9
Joseph Linehan	District 6	Derrell Tulk	District 9
David Boutcher	District 6	Dean Weir	District 10
Romuald Dalton	District 6	Lorraine Morey	District 10
Gerard Chidley Jr	District 7	Junior Ward	District 10
James Chidley	District 7	Rodger Winsor	District 10
Derrick Day	District 7	Jeffrey Ryan	District 10

#### 15 Year Members

Barry Ryan	District 2	Kevin Perry	District 10
Robert Butt	District 3	Boyd Perry	District 10
Neal Johnson	District 8	Derrick Ryan	District 10
Jamey White	District 9	Rick Gray	District 10
Glen Keel	District 9	Trevor Jones	District 10
Joey Leyte	District 9	Eldred Woodford	District 10
Paul Tiller	District 9		

Thank you to all volunteers

Vol unteers Saving Lives on the Water



The map to the right shows the breakdown of the ten Administrative Districts in the province:

District 1 - Labrador

District 2 - Northern Peninsula

District 3 - West Coast

District 4 - South Coast

District 5 - Burin Peninsula

District 6 - Placentia/St. Mary's Bay

District 7 - Eastern Avalon

District 8 - Conception / Trinity Bays

District 9 - Bonavista Bay

District 10 - Notre Dame/Green/White Bays



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#### **On-Water Training**

As part of our training program, the CCGA-NL assists the Department of National Defense with their training program by providing member vessels throughout the province to take part in on-water training with 103 Squadron from Gander as well as participating in training programs with the Coast Guard. Pictured below is Coast Guard training with the Mamka Responder from Conne River. To the left is a helicopter hoisting demo from our training seminar in Gander this past fall.



#### **Identify as CCGA**

When communicating with the Joint Rescue Coordination Centre (JRCC) or the Maritime Rescue Sub Centre (MRSC) regarding maritime incidents or taskings, or any other

matters, it is important to always <u>identify yourself</u> as a Canadian Coast Guard Auxiliary Member.



#### Old Newfoundland and Labrador words and meanings

- Bawn a beach used to dry fish
- Clink to beat another with the fists
- Daddle the hind paw of a seal
- Gulvin the stomach of a codfish
- Gumbeens cubes of chewing tobacco
- Jinker one who brings bad luck
- Mundle wooden baton used to stir soup







Canadian Coast Guard

Garde cóllère canadienne

Commissioner

Commissaire

APR 1 6 2025

Canadian Coast Guard Auxiliary P.O. Box 44017 Ottawa RPO Montreal Square Ottawa, ON K1K 4P8

Dear Members of the Canadian Coast Guard Auxillary,

As we celebrate National Volunteer Week, I want to extend my sincere gratitude to each one of you for your unwavering dedication and exemplary volunteer service over the past year, and every year. Your commitment to safeguarding our oceans and waterways from coast to coast to coast is deeply valued by the Canadian Coast Guard and all Canadians.

The Canadian Coast Guard Auxiliary plays an critical role in ensuring the safety and security of mariners and the marine environment. Your contributions to search and rescue missions are vital to protecting lives and ensuring the welfare of coastal communities. And your willingness to answer the call, often in challenging and hazardous conditions, is inspiring.

In addition to these operations, you make a significant contribution to the promotion and awareness of boating safety in Canada. Through your combined efforts, you have helped reduce the number of maritime incidents across the country and make our waters safer for everyone.

Once again, thank you for another year of exceptional service and support. I look forward to continuing our important work together as we keep mariners and coastal communities secure and healthy.

Yours sincerely,

Mario Pelletier Commissioner

Canada

#### 2024 Fall Training Seminar





































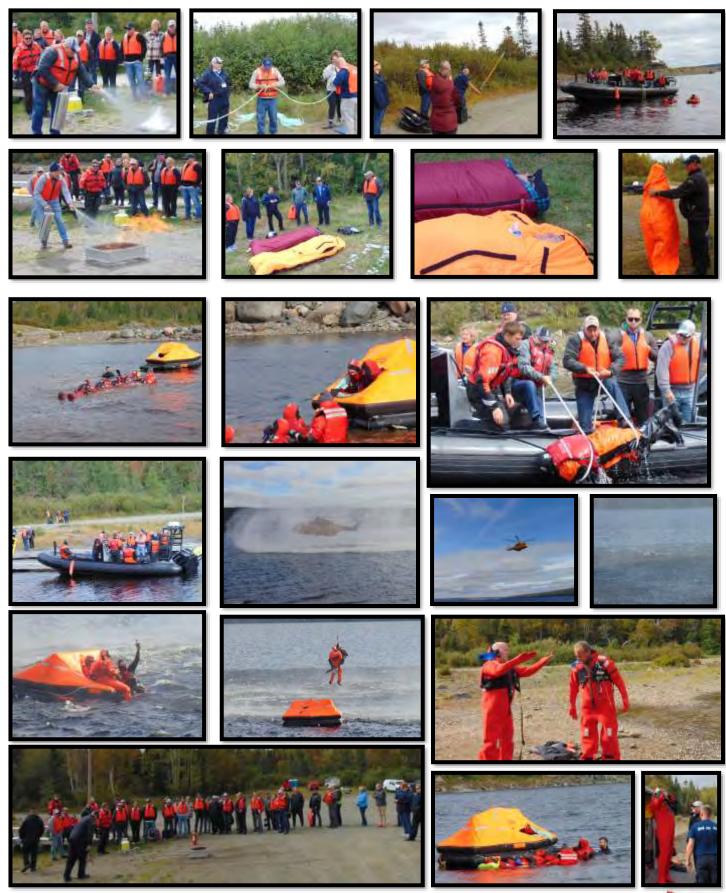








### 2024 Fall Training Seminar



#### **SERVICE AWARDS - 2024**

#### **10 Year Members**

Rosalind Rumbolt Guy Andrews Jamie Caines Ambrose Snook Jr. Samuel Tobin Paul Snook Robert Daley Debbie Collett John Butler	District 1 District 2 District 2 District 4 District 5 District 5 District 6 District 6 District 7	Kenneth Keeping Derrick Petten David Lear Norman Lear Edward Wrice Wallace Wrice Karl Coish Rodney Burt Lyndon Bussey	District 7 District 8
Jean Butler	District 7	Nelson Waterman	District 9



#### **5 Year Members**

Sherry Turnbull	District 1	Clarence Nui	District 1	Patrick Quann	District 4
Fredrick Morris	District 1	Todd Broomfield	District 1	Kieran Benoit	District 4
Alphonse Andrew	District 1	Jack Andrew	District 1	Robert Benoit	District 4
Gabriel Sillitt	District 1	Anastasia Qupee	District 1	Harvey Drew	District 4
Anniette Sillitt	District 1	Sylvester Antuan	District 1	Patrick Hinks	District 4
Michael Rich	District 1	Etienne Pone	District 1	Rodney Power	District 5
Ronald Webb	District 1	Richard Nuna	District 1	Brandon Young	District 6
Sid Pain	District 1	Len Rich	District 1	Wilfred Whiteway	District 7
Gary Ford	District 1	Perry Dyson	District 1	<b>Douglas Trainor</b>	District 7
George Lyall	District 1	Kevin Diamond	District 2	Stephen Tobin	District 7
Mark Lyall	District 1	Bruce Hickey	District 3	Stephanie Lights	District 8
Wade Dyson	District 1	Derrick Baker	District 4	Philip Gifford	District 8
Cody Dyson	District 1	Norbert Benoit	District 4	Ashley Hyde	District 8
Kirk Mangrove	District 1	Levi Hinks	District 4	Christopher Hyde	District 8
Henry Broomfield	District 1	Cory Jeddore	District 4	Kenneth Porter	District 8
Joachim Nui Jr.	District 1	Mike Drew	District 4	Gerard Dwyer	District 9
Gerry Pasteen	District 1	Everest Hinks	District 4	Wade Dwyer	District 9
Aaron Poker	District 1			Jarvis Ward	District 10



Congratulations to all with heartfelt thanks!



#### A reminder to Auxiliarists:

When taking part in an authorized activity such as a tasking or training, it is imperative that all paperwork and requests for reimbursement are returned to the office in a timely manner. We ask that all reimbursement requests be submitted within 90 days of the activity. Requests for activities taking place in January, February or March must be received at the office not later than March 28. Requests that are not submitted within these timeframes may be denied and/or may not longer fall within the budget period.

Morse Code was used for 160 years to relay messages to and from mariners all over the world. While it has been retired in favour of satellite communications, amateur radio operators still use it. The purpose of the phonetic alphabet is to ensure that letters are clearly understood even when speech is distorted or hard to hear. Below is the NATO phonetic alphabet and the Morse code alphabet.

Symbol	Code Word	Morse Code
Α	Alfa	•-
В	Bravo	
С	Charlie	
D	Delta	
E	Echo	
F	Foxtrot	
G	Golf	
н	Hotel	****
1	India	••
J	Juliet	•
K	Kilo	
L	Lima	
M	Mike	
N	November	
0	Oscar	
P	Papa	
Q	Quebec	
R	Romeo	•
S	Sierra	***
Т	Tango	_
U	Uniform	••-
V	Victor	•••-
W	Whiskey	•
X	X-ray	
Y	Yankee	
Z	Zulu	

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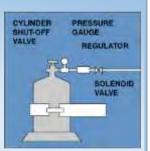
A Life On The Ocean Wave A life on the ocean wave, A home on the rolling deep, Where the scattered waters rave, And the winds their revels keep! Like an eagle caged, I pine On this dull, unchanging shore: Oh! give me the flashing brine, The spray and the tempest's roar! Once more on the deck I stand Of my own swift-gliding craft: Set sail! farewell to the land! The gale follows fair abaft. We shoot through the sparkling foam Like an ocean-bird set free; -Like the ocean-bird, our home We'll find far out on the sea. The land is no longer in view, The clouds have begun to frown; But with a stout vessel and crew, We'll say, Let the storm come down!

And the song of our hearts shall be, While the winds and the waters rave, A home on the rolling sea! A life on the ocean wave!

By Epes Sargent

#### **Propane Appliances**

Propane and butane can be more dangerous than gasoline. These gases are heavier than air. If they escape, they collect in the lower parts of the vessel and are very difficult to remove. Make sure all propane appliances and cylinders are properly secured, protected and ventilated, so that escaping gas can not reach bilges or other enclosed spaces. The equipment installation should meet Federal Government standards. Make sure that all valves are working properly, and that all connections are tight.



#### We are on Facebook!

We have a Facebook page for members, check it out for news, updates, forms, pictures and more! Search for:

Canadian Coast Guard
Auxiliary—NL Region









#### 2024 Awards Banquet



#### 2024 Training Seminar Weekend





#### **FUN PAGE**

#### WORD SEARCH





#### **JUMBLE**

#### WORD SEARCH LIST

(Words may be up, down, across, backwards or diagonal)

auxiliary	gunnel	salls
beach	knots	sonar
boil up	life boat	starboard
coast	maritime	starfish
codfish	mussels	tongues
compass	nautical	waves
fishing	ocean	whale
guard	port	winds

#### letter in each square

Uncramble these words placing one

G	Ν	Ι	R	Α	С
	- 6		0	0	0







Now rearrange the circled letters to form the surprise answer below

0	OC	0	0	0
1000	ÕÕ	100	15-00	

#### SUDOKU

7	4			3			1	
	1	9		6	8	5		2
					4	3		
	5	6	3	7				1
		1	8				9	5
	9			2		6		
1		3	4		7	2		
5			2					8
	8				1	4	7	



#### **CONTINUED PROFICIENCY ENDORSEMENT**

Every applicant for a continued proficiency must:

- (a) Hold a valid medical certificate (not required for Class 4)
- (b) Fulfill the service requirements of 12 months within a 5 year period, or 90 days within the last year, of service onboard a ship as either master or mate in charge of the watch.
- (c) Have completed a marine emergency duties (MED) course A1

For members holding Fishing Masters or Mates

certificates, this means five years from the date of issue on your certificate or 90 days in the last year. For example, if the date of issue is 2017, by 2023 you must show a valid seafarers medical (not required for Class 4) and qualifying sea time. The sheets for writing up your sea time can be obtained at your nearest Transport Canada Marine Safety office or online at tc.canada.ca.

Corner Brook 637-4390 Lewisporte 535-2503 St. John's 772-5167

#### **DIESEL PUMPS**

In 2015, diesel pumps were distributed to some vessels in each District. If you have one of these pumps, please ensure proper maintenance by:

- Making sure all water is drained from the pump and hoses before storage to avoid corrosion rendering the pump unusable
- Check the housing box to ensure no standing water
- Test pump for proper working order at least twice a year

IMPORTANT

These pumps have saved lives as well as vessels. Ensure your pump is working before an incident occurs... not during!

#### **INSURANCE - AGE EXCLUSIONS**

The current CCGA Insurance Policy includes two age exclusions. The first exclusion affects CCGA members aged 65 years or older. Under the insurance policy, CCGA members 65 years or older are not covered if they suffer a heart or circulatory malfunction during any authorized CCGA activity. The second exclusion is that CCGA members aged 70 years or older are not covered by the Permanent Total Disability Benefit if they should become permanently and totally disabled during any authorized CCGA activity.

It is important to note that these two age exclusions are only for these two benefits and that all members, regardless of age, are insured by the other CCGA insurance coverages.

In light of these exclusions, it is recommended that all CCGA members 65 or older consider whether they wish to continue participating in authorized Search and Rescue operations or other CCGA activities. As well, it is recommended that these members consult with their doctors to ensure that they are medically fit to participate in Search and Rescue operations and other CCGA activities. Age exclusion forms were sent out to all members 65 or over (in 2024) in April. Please complete entirely and return as soon as possible if you have not already done so. Thank you.

#### HAVE YOU MODIFIED YOUR VESSEL?

You have the responsibility to ensure that equipment and structural modifications do not compromise the freeboard and stability of your vessel, or reduce the suitability of your vessel for the working and environmental conditions it may encounter.

Any modifications must be in compliance with safety standards and the Construction Standards for Small Vessels - TP1332.

Before making alterations to your vessel that may have an impact on vessel tonnage/safety, you should contact your local Transport Canada office. A safety inspector will help you determine whether the proposed modifications are consistent with the construction, equipment, and safety regulations for your vessel's intended area of service.

A Transport Canada inspector will review the suitability of your vessel for the proposed changes. Any changes in the area or type of operation that results in a change in voyage classification will necessitate a re-inspection.

(Taken from TC's Small Commercial Vessel Safety Guide, TP-14070)



#### In The Drink

Due to the harsh and often dangerous environments professional fish harvesters are exposed to we must have an understanding of the effects of these environments.

Accidents happen, and even the most seasoned sailors sometimes find themselves unexpectedly falling overboard. It is understanding, and being prepared for, what is going to happen when we enter the water that is important. Cold shock response and cold water incapacitation is among the most immediate affects. These occur well before hypothermia starts.

**Cold Shock Response** lasts about a minute or so after entering the water and will take over your breathing resulting in an automatic gasp reflex in response to rapid skin cooling. If your head goes underwater, water may be breathed into the lungs during the gasp. This could result in a rapid drowning situation. It is important to be prepared for that cold shock as you enter the water to prevent this gasp reflex. Another component of the cold shock response is hyperventilation. Like the gasp reflex, this is a natural reaction to the cold. Although this response will subside, panic can cause a continuation of the hyperventilation which can lead to fainting, so the key is to concentrate on controlling your breathing for the first minute after entering the water.

**Cold water incapacitation** occurs within 5 – 15 minutes in cold water. The body will start to reduce blood flow to the extremities (arms and legs) to preserve heat in the core, thereby protecting the vital organs but allowing your extremities to cool. Unfortunately, muscle and nerve fibres do not work well when cold. Within this critical time frame, you will lose the use of your hands and feet, and then your arms and legs, so lifesaving/survival activities will become more difficult and then impossible. The sooner your crew can get you out of the water the better chance you have for survival.

After someone has been recovered from the water, do not have these individuals up walking around, keep them at rest and start the rewarming process. Replace wet clothing with dry if possible and place warm objects (bottles of water heated in the microwave for example) around the head and neck, armpits, and the groin area. Body to body rewarming is also an option.

Keep monitoring the condition of the crew member with particular attention to their shivering, breathing and level of consciousness during the rewarming process. If shivering is violent and uncontrollable, changes occur in their breathing or level of consciousness, medical assistance will be needed and a call to the nearest CCG radio station is warranted.

Have a great season, fair winds and calm seas.

#### Rodney Ryan SAR Program Officer/Rescue Specialist Coordinator Canadian Coast Guard, Atlantic Region









## Colouring Confest

#### Hey kids!

Are you ready for the CCGA-NL Annual Colouring Contest? The contest is open to the children and grandchildren of Auxiliary members.

1st and 2nd prizes will be awarded in each of the following age groups and all participants will receive acknowledgement.

- Up to 4 years
- 5-6 years
- 7-8 years
- 9 years and up

All entries must be received at the CCGA-NL office in St. John's no later than Friday, August 29, 2025.



P O Box 938

St. John's, NL A1C 5M3



#### 2024 Winners!

Ages up to 4 1st - Cami Croucher Ages 7-8 1st - Kinsley Murphy

2nd - Luke Marsh

2nd - Gemma Ropson

Ages 5-6 1st - Preston Meyer Ages 9 and up

1st - Owen Barnes 2nd - Carley Vaters

2nd - Jake Rose



Preston















